

Operating and Visitor Regulations – Fitness U12

I. IDENTIFICATION OF THE OPERATOR

Operator of the facility: **Tomas Bata University in Zlín, Halls of Residence and Refectories**

Facility: **Building U12, Facility: nám. T.G.Masaryka 3050, 760 01 Zlín**

Representative of the operator: **Fitness manager, Ing. Pavel Valášek**

Upon entering the fitness room, personal data will be processed. For further details, see <https://www.utb.cz/en/privacy-policy>

II. PURPOSE OF THE FITNESS CENTRE

The fitness room is intended for recreational sports activities for residents of the university halls of residence and contracted accommodation facilities of TBU, as well as for TBU employees.

III. OPENING HOURS

Monday – Sunday	07:00 AM – 9:30 PM
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IV. ENTRY TO THE FITNESS CENTRE

- TBU students, TBU staff, and accommodated guests (hereinafter referred to as “user”) residing in the university halls have free entry.
- TBU students and TBU staff not accommodated in U12 shall pay only a refundable deposit of CZK 100 at the reception. The deposit will be refunded after the exercise session upon returning the key.
- Users must be at least 18 years of age to use the fitness centre.
- The maximum capacity of the fitness centre is 5 persons.

V. HANDOVER AND RETURN OF THE FITNESS CENTRE

- Users exercise at their own risk and must familiarise themselves with this Operating and Visitor Code before entering the fitness room.
- Users must follow the operating instructions for all equipment, available at the reception desk of the building.
- A resident of U12 may borrow a key for entry to the fitness room at the U12 residence reception.
- A non-resident of U12 will receive a key for entry to the fitness room at the reception after paying a refundable deposit.
- Before using any equipment, the user must check whether the equipment is free of any defects which could prevent safe use. If any defect is found, it must be reported immediately at reception and the equipment must not be used. Late reporting of defects caused by negligence will not be accepted by the operator and the user will be charged the full cost of damage. Defects caused by normal wear and tear will not be penalised.
- Users must immediately report any defects or damage caused during their activities to the operator.
- After finishing exercise, a resident must return the key to the building reception. A non-resident must return the key to the building reception in exchange for the refundable deposit.
- The operator is not liable for any loss or damage to personal belongings brought into the fitness room. There are no storage areas in the fitness room and personal items may not be stored there.
- The operator is responsible for ensuring that cleaning and disinfection is carried out at regular intervals.
- In the event of a power outage, all users must immediately vacate the fitness room.

VI. INSPECTIONS AND OPERATION OF THE FACILITY

- Daily visual inspection:
 - Routine inspection is carried out to identify obvious hazards caused by vandalism or use. The receptionist performs the inspection after operating hours: cleanliness of the entire fitness area, condition of machines, closing of windows, and makes an entry into the Operating Logbook.
- Professional inspection:
 - Operational inspection covers functionality and stability of the equipment. Maintenance, lubrication, and cleaning are carried out by the manager according to manufacturer's requirements once a year or as necessary, with a record entered into the Operating Logbook.
- Cleaning:
 - The operator ensures that cleaning and disinfection are carried out regularly.

VII. RULES OF CONDUCT FOR USERS

- It is strictly forbidden to enter the fitness room under the influence of alcohol or any other intoxicating or addictive substances which affect motor skills and human behaviour.
- Users must use a towel on seats of machines and benches to ensure hygiene of surfaces, except for the exercise bike.
- Smoking and vaping, use of open flames, consumption of food and consumption of alcoholic beverages is strictly prohibited in the fitness room. Only non-alcoholic drinks in a closed bottle are permitted.
- Users may only use the fitness room for the purposes for which it is intended and must comply with all safety, hygiene and fire protection regulations.
- Entry to the fitness room is permitted only in clean, solid sports footwear, with a towel and sports clothing; the fitness room does not include a changing room or any storage space for users' belongings.
- Users must place dumbbells on the floor carefully during exercise to avoid damaging the equipment or the floor.
- Users must follow instructions and orders of the operator or other authorised persons and must also respect and comply with all instructions and notices displayed in the fitness room.
- Users must behave in such a way that no unnecessarily harm is caused to life, health or property of others. Users must not disturb other persons exercising; they must be polite and considerate.
- In the event of any injury, this must be reported immediately to the reception or to the fitness supervisor.
- Any modifications or relocation of stands, machines or large equipment is strictly prohibited. A user who causes damage to equipment (or part thereof) or loses a borrowed item, in accordance with Sections 2909 et seq. of the Czech Civil Code, must compensate HRR for the damage at the usual price at the time of the damage, taking into account all reasonable costs necessary to restore or replace such damage, no later than within 5 days from the date of damage, unless otherwise agreed with the operator, or via an insurance company if the user has liability insurance. All detected defects and failures must be reported immediately at the reception. Use of such equipment is prohibited.
- After completing the exercise, the user must return the station to its original condition. Weights must not remain on bars. All weight plates and dumbbells have their designated place and must be returned there after finishing the exercise.
- Users must not allow entry to any person who is not authorised to enter the fitness room.
- In case of violation of this code, the user may be denied entry.
- Fresh air can be ensured by opening the window.

VIII. FIRST AID FACILITIES

- A first aid kit is located at the reception.
- Injuries and use of first aid materials are recorded in the logbook kept in the first aid kit.

IX. IMPORTANT CONTACTS

Building Reception:	+420 576 038 001	INTEGRATED RESCUE SYSTEM	112
Manager: Ing. Pavel Valášek e-mail: p1valasek@utb.cz		FIRE BRIGADE	150
		AMBULANCE SERVICE	155
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Zlín, 1 September 2025

Approved by: Mgr. Michal Navrátil
Director of HRR