

Operating and Visitor Regulations – Fitness U7

I. IDENTIFICATION OF THE OPERATOR

Operator of the facility: **Tomas Bata University in Zlín, Halls of Residence and Refectories**

Facility: **Building U7, Štefánikova 150, 760 01 Zlín**

Representative of the operator: **Fitness manager, Ing. Pavel Valášek**

Upon entering the fitness room, personal data will be processed. For further details, see <https://www.utb.cz/en/privacy-policy>

II. PURPOSE OF THE FITNESS CENTRE

The fitness room is intended for recreational sports activities for residents of the university halls of residence and contracted accommodation facilities of TBU, as well as for TBU employees.

III. OPENING HOURS

Monday – Sunday	07:00 AM – 9:30 PM
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IV. ENTRY TO THE FITNESS CENTRE

- TBU students, TBU staff, and accommodated guests (hereinafter referred to as “user”) residing in the university halls have free entry.
- TBU students and TBU staff not accommodated in U7 shall pay a refundable deposit of CZK 300 in cash at the U7 reception for an access card. The deposit will be refunded after the exercise session upon returning the undamaged access card at the building reception.
- Users must be at least 18 years of age to use the fitness centre.
- The maximum capacity of the fitness centre is 5 persons.

V. HANDOVER AND RETURN OF THE FITNESS CENTRE

- Users exercise at their own risk and must familiarise themselves with these operating and visitor rules before entering the fitness room.
- Users must follow the operating instructions for all equipment, available at the reception desk.
- A user accommodated at U7 receives an activated access card for entry to the fitness room at the halls of residence reception.
- A user not accommodated at U7 receives an access card for entry to the fitness room at the reception desk after paying the refundable deposit.
- Before using any equipment, users must check whether the equipment shows any defects preventing safe use. If a defect is found, it must be reported immediately at reception and the use of such equipment is prohibited. Late reporting of defects caused by negligence will not be accepted by the provider and the user will be charged full compensation for damage caused. Defects caused by normal wear and tear will not be penalised.
- Users are obliged to immediately report any defects or damage caused during their activities to the operator.
- After finishing their workout, users who are not accommodated at U7 must return the access card to the reception desk in exchange for the refundable deposit.
- The operator is not liable for any damage to items brought into the fitness room by users. There is no space in the fitness room for storing personal belongings, and the operator is not responsible for any damage to items left in the fitness room.
- The operator is responsible for ensuring that regular cleaning and disinfection is carried out.
- In the event of a power outage, users must leave the fitness room immediately.

VI. INSPECTIONS AND OPERATION OF THE FACILITY

- Daily visual inspection:
 - Routine inspection is carried out to identify obvious hazards caused by vandalism or use. The receptionist performs the inspection after operating hours: cleanliness of the entire fitness area, condition of machines, closing of windows, and makes an entry into the Operating Logbook.
- Professional inspection:
 - Operational inspection covers functionality and stability of the equipment. Maintenance, lubrication, and cleaning are carried out by the manager according to manufacturer's requirements once a year or as necessary, with a record entered into the Operating Logbook.
- Cleaning:
 - The operator ensures that cleaning and disinfection are carried out regularly.

VII. RULES OF CONDUCT FOR USERS

- It is strictly forbidden to enter the fitness room under the influence of alcohol or any addictive or intoxicating substances which affect motor skills or behaviour.
- Users must use a towel on machine seats and benches to maintain hygiene standards (except on the exercise bike).
- Smoking, vaping, using an open flame, eating food and consuming alcoholic beverages is strictly prohibited in the fitness room. Only non-alcoholic drinks in a closable bottle are permitted.
-  Users may use the fitness room only for the purpose for which it is intended, and must follow all safety, hygiene and fire protection rules.
- Entry to the fitness room is allowed only in clean indoor sports footwear, with a towel and in sports clothing. The fitness room does not include a changing room or any storage space for personal belongings.
- Users must place dumbbells on the floor carefully so as not to damage either the dumbbells or the floor.
- Users must follow instructions given by the operator or any authorised persons and must respect and comply with all posted notices within the fitness room.
- Users must behave in such a way that no unjustified harm to life, health or property is caused. Users must not disturb others, and must behave politely and considerately.
- Any injury must be reported immediately to the reception desk or to the fitness room manager.
- Any modifications to, or repositioning of, equipment, racks or heavy items is strictly prohibited. A user who causes damage to equipment or its parts, or who loses a borrowed item, must compensate KMZ for the damage in accordance with § 2909 et seq. of the Civil Code. Compensation must be paid in the usual price at the time of damage, including any necessary costs to restore or replace the item, no later than 5 days from the date the damage occurred, unless otherwise agreed with the operator, or via the user's liability insurance, if applicable. All detected defects or malfunctions must be reported immediately at reception. Use of defective equipment is prohibited.
- After finishing an exercise, the user must return the workout station to its original condition. Weights must not be left on bars. All weight plates, bars and dumbbells have their designated place and must be returned there after use.
- Users must not allow entry to any person who is not authorised to use the fitness room.
- In case of violation of these rules, the user's access to the fitness room will be denied.
- Fresh air can be provided by opening a window or using the ventilation system. The ventilation switches on automatically or manually via the marked button at the entrance. It switches off automatically after 30 minutes or can be switched off manually after 5 minutes of operation. Air conditioning is controlled via the remote control located on the wall at the entrance. The air conditioning must not be used when windows are open.

VIII. FIRST AID FACILITIES

- A first aid kit is located at the reception.
- Injuries and use of first aid materials are recorded in the logbook kept in the first aid kit.

IX. IMPORTANT CONTACTS

Building Reception:	+420 576 036 111	INTEGRATED RESCUE SYSTEM	112
Manager: Ing. Pavel Valášek e-mail: p1valasek@utb.cz		FIRE BRIGADE	150
		AMBULANCE SERVICE	155
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Zlín, 1 September 2025

Approved by: Mgr. Michal Navrátil
Director of HRR