

Operating and Visitor Regulations – Fitness U6

I. IDENTIFICATION OF THE OPERATOR

Operator of the facility: **Tomas Bata University in Zlín, Halls of Residence and Refectories**

Facility: **Building U6, Antonínova 4379, 760 01 Zlín**

Representative of the operator: **Fitness manager, Ing. Pavel Valášek**

Upon entering the fitness room, personal data will be processed. For further details, see <https://www.utb.cz/en/privacy-policy>

II. PURPOSE OF THE FITNESS CENTRE

The fitness room is intended for recreational sports activities for residents of the university halls of residence and contracted accommodation facilities of TBU, as well as for TBU employees.

III. OPENING HOURS

Monday – Sunday 07:00 AM – 9:30 PM

IV. ENTRY TO THE FITNESS CENTRE

- TBU students, TBU staff, and accommodated guests (hereinafter referred to as “user”) residing in university halls have free entry.
- TBU students and TBU staff not accommodated in U6 shall pay only a refundable deposit of CZK 100 at the reception. The deposit is returned after the exercise session upon returning the key.
- Users must be at least 18 years of age to use the fitness centre.
- The maximum capacity of the fitness centre is 4 persons.

V. HANDOVER AND RETURN OF THE FITNESS CENTRE

- Users exercise at their own risk and are obliged to familiarise themselves with these operating and visitor regulations before entering the fitness room.
- Users must comply with the instructions for the use of the equipment, which are available at the building reception.
- Residents of U6 borrow the key at the U6 halls of residence reception.
- Non-residents of U6 will receive a key to enter the fitness room upon payment of the refundable deposit at the reception.
- Before using any equipment, users must check whether the equipment shows any defects that would prevent safe use. If a defect is detected, it must be reported immediately to the reception and the equipment must not be used. Late reporting of defects caused by negligence will not be accepted by the operator, and compensation for damage to the equipment will be charged in full. Defects caused by normal wear and tear will not be penalised.
- Users are obliged to immediately report any defects or damage caused during their activities to the operator.
- After finishing the workout, residents must return the key to the building reception and non-residents must return the key to the building reception in exchange for the deposited refund.
- The operator is not responsible for damage to items brought into the fitness room by users. It is not permitted to store personal belongings inside the fitness room, as the operator does not provide storage space for users’ items.
- The operator of the fitness room is responsible for ensuring that cleaning and disinfection are carried out

at regular intervals.

- In the event of a power cut, users are obliged to leave the fitness premises immediately.

VI. INSPECTIONS AND OPERATION OF THE FACILITY

- Daily visual inspection:
 - Routine inspection is carried out to identify obvious hazards caused by vandalism or use. The receptionist performs the inspection after operating hours: cleanliness of the entire fitness area, condition of machines, closing of windows, and makes an entry into the Operating Logbook.
- Professional inspection:
 - Operational inspection covers functionality and stability of the equipment. Maintenance, lubrication, and cleaning are carried out by the manager according to manufacturer's requirements once a year or as necessary, with a record entered into the Operating Logbook.
- Cleaning:
 - The operator ensures that cleaning and disinfection are carried out regularly.

VII. RULES OF CONDUCT FOR USERS

- It is strictly forbidden to enter the fitness room under the influence of alcohol or any addictive or intoxicating substances affecting motor skills or behaviour.
- Users must use a towel on machine seats and benches to ensure surface hygiene, with the exception of the exercise bike.
- Smoking and vaping, the use of open flames, consumption of food and consumption of alcoholic beverages are strictly prohibited in the fitness room. Only non-alcoholic drinks in a closed bottle are permitted.
- Users may use the fitness room only for the purposes for which it is intended and must comply with all safety, hygiene and fire protection regulations.
- Entry to the fitness room is permitted only in clean, sturdy sports shoes, with a towel, and in sports clothing; the fitness room is not equipped with a changing room or storage space for users' personal belongings.
- During exercise, users must place weights on the floor in such a way as to avoid damage to the weights or the floor.
- Users must comply with the instructions and regulations of the fitness operator or other authorised persons, and must respect and follow all posted rules and instructions within the fitness room.
- Users must behave in such a manner that no unjustified harm to life, health or property of others occurs. Users must not disturb others during their workout and must act politely and considerately.
- In the event of any injury, everyone is obliged to report it to the reception or the fitness operator.
- It is prohibited to modify or move stands, machines or any large equipment. A user who causes damage to equipment or its parts, or who loses a borrowed item, must pay compensation to KMZ in accordance with § 2909 et seq. of the Civil Code, at the usual price at the time of damage, taking into account the necessary costs for repair or replacement, no later than 5 days after the damage occurred, unless agreed otherwise with the operator, or unless covered by the user's liability insurance. All detected defects or failures must be reported immediately to reception. Use of such defective equipment is prohibited.
- After finishing the exercise, the user must return every station to its original condition. Weights must not be left on the bars. All plates and dumbbells have their designated place and must be returned there after use.
- Users must not allow entry to any person who is not authorised to enter the fitness room.
- In case of violation of these rules, the user will be denied further entry.
- Fresh air can be ensured by opening a window.

VIII. FIRST AID FACILITIES

- A first aid kit is located at the reception.
- Injuries and use of first aid materials are recorded in the logbook kept in the first aid kit.

IX. IMPORTANT CONTACTS

Building Reception:	+420 576 036 201	INTEGRATED RESCUE SYSTEM	112
Manager: Ing. Pavel Valášek e-mail: p1valasek@utb.cz		FIRE BRIGADE	150
		AMBULANCE SERVICE	155
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Zlín, 1 September 2025

Approved by: Mgr. Michal Navrátil

Director of HRR