



## Join the plan to reduce energy consumption in the TBU Halls of Residence, in the Garni Hotel and in the MSI building.

A global trend of reducing energy consumption has emerged as the result of the rising energy prices.



### What can you do to save energy?

- When leaving the room, turn off the lights and disconnect all electrical appliances from electrical outlets (particularly chargers disconnected from the device and computers).
- When nobody is present in the common accommodation areas (kitchens, bathrooms, hallways), turn off the lights and switch off all electrical appliances except for the refrigerator.
- In the event that you leave your room and this room will be empty for more than one day, set the heating to a minimum.
- During the heating period, ventilate the rooms and common accommodation areas for a short time and only for the time strictly necessary.
- Avoid ventilating with a tilt open window when the heating is permanently switched on.
- During the heating period, avoid leaving a window open if you leave your room.
- Regularly defrost the refrigerator to prevent ice buildup around the door, which can prevent secure opening and closure of the freezer door.
- If you cook yourself, do not leave the food unattended while being cooked, and use the lid of the pot (saucepan).
- Use only such own appliances which are allowable in the TBU Residence Halls, and, therefore, listed in the Prices for Accommodation document, provided that the appliances comply with the Czech Technical Standard and their power consumption does not significantly exceed the power consumption usual in such appliances.
- Use IT equipment only for study and educational purposes, and not for mining of cryptocurrencies.
- Do not use specialized gaming computers with a power input of more than 700W to play games.
- Do not leave computers running unattended to perform tasks other than those related to classes and education.
- Avoid wasting water.

### What will the benefits of your saving energy be?

- You will help reduce energy consumption.
- You will contribute to fire safety.
- You will help protect the environment for the next generations.
- You will minimize the increase in prices (of the rent).
- You will know that you have done the right thing, and that without trying too hard (with very little effort).

